

Working Moms Want Better Breastfeeding Support from their Employer

We asked more than 2,000 moms about breastfeeding and work.

NEW MOMS
HEALTHY
RETURNS

by medela | mamava

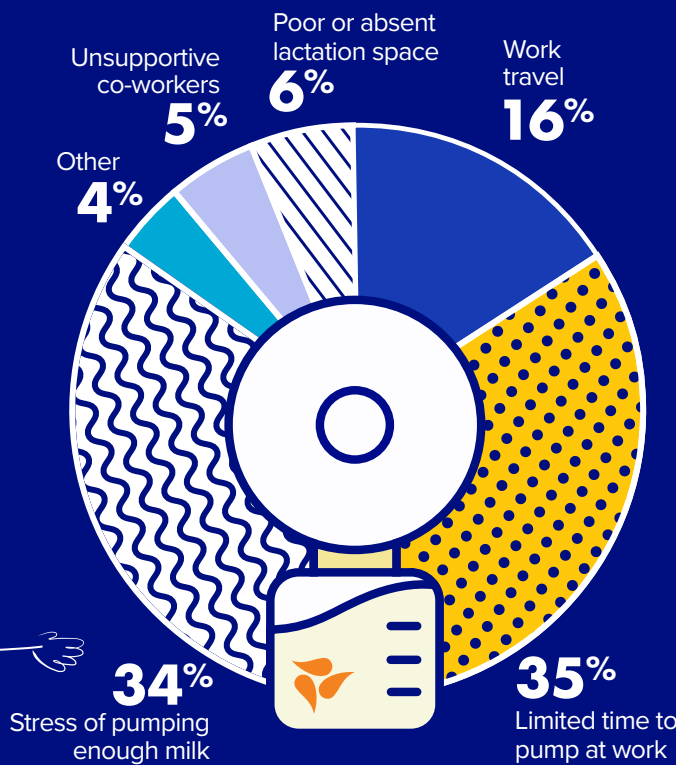
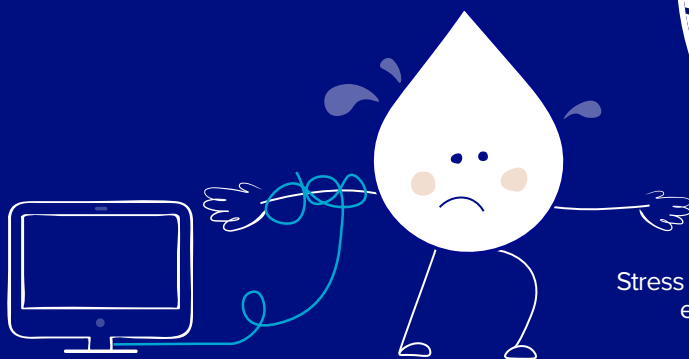
4/5 Want better breastfeeding support from employers



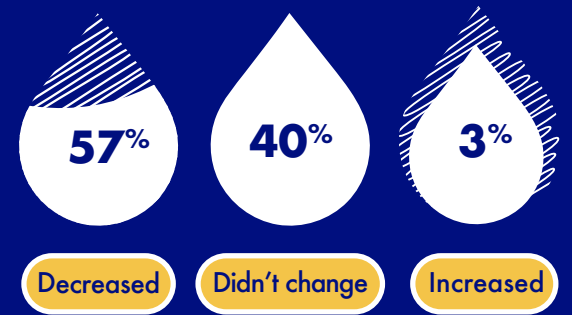
Comfort level speaking to manager or HR about breast milk feeding needs



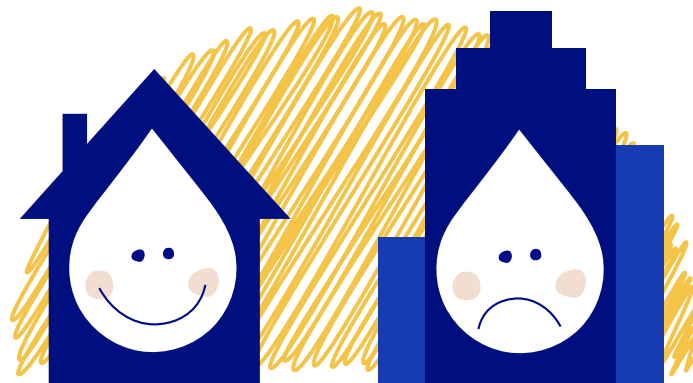
Hardest struggles producing breast milk after returning to work: **Time + Stress**



Milk supply upon return to work



Best employer benefit



57% Would return home to retrieve a forgotten pump or a part

1 in 4 Had no space to pump at work They pumped in:

- Closets
- Bosses' offices
- In view of cameras
- Bathrooms
- Their cars

65% Felt challenged getting milk back home while traveling



46% Found it difficult to pump enough before a work trip

3/4 Said there aren't enough places to pump on the go

Learn how to support new parents after baby in the workplace by visiting NewMomsHealthyReturns.com

Data collected in a January 2020 study of 2,068 working moms by Medela, Mamava and Milk Stork. Medela wordmark and logo, Mamava wordmark and logo are registered in the U.S. Patent and Trademark Office. New Moms' Healthy Returns is a trademark of Medela.