

Symphony® PLUS™ Initiation Technology™ and Breast Pump Kit Competency-Validation



Procedure: Breast Pump with Symphony PLUS technology and Breast Pump Kit

Name: _____ Date: _____

The above nurse/healthcare provider has demonstrated, adequate performance of the skills listed below.

Proctor's Name: _____ Date: _____

States indications for use of Symphony PLUS breast pump

Demonstrates proper technique when:

(Check ✓)

1. Setting up a pumping kit to the Symphony PLUS breast pump	
2. Using the Symphony PLUS breast pump	
3. Cleaning a Symphony PLUS breast pump	

Answer the following questions:

(Please circle the correct answer)

1. What does the Symphony PLUS INITIATE program mimic?

 - A. A baby's sucking pattern in the first few days after birth
 - B. A baby's natural nursing rhythm when mother has an established milk supply
 - C. A baby's natural sucking level
 - D. A baby's sucking rhythm when weaning from breastfeeding
2. When using the Symphony PLUS INITIATE program, when should mothers turn the breast pump off?

 - A. After five minutes
 - B. After 20 minutes
 - C. Mother should let the pump turn itself off after 15 minutes
 - D. Two minutes after the milk stops dripping
3. What does the Symphony PLUS MAINTAIN program mimic?

 - A. A baby's sucking pattern in the first few days after birth
 - B. A baby's natural nursing rhythm when building and maintaining a mother's milk supply
 - C. A baby's natural sucking level
 - D. A baby's sucking rhythm when weaning from breastfeeding

4. When should a mother change from the INITIATE program to the MAINTAIN program?
- A. When her baby is discharged
 - B. When she is discharged home
 - C. Once her milk turns white
 - D. When she has obtained ≥ 20 mL of milk for three consecutive pumping sessions or beginning on day six, whichever of the two options comes first.
5. When using the Symphony PLUS MAINTAIN program, when should mothers turn the pump off?
- A. After five minutes
 - B. After 20 minutes
 - C. Mother should let the pump turn itself off after 15 minutes
 - D. Until the breast feels drained and soft all over

True or False (Please check the correct box)

- | | T | F |
|--|--------------------------|--------------------------|
| 6. A mother should adjust the Symphony PLUS breast pump technology to her maximum comfort vacuum. | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. The Symphony PLUS INITIATE program is appropriate for use in the first few days by mothers of infants of any gestational age. | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Mothers who have already experienced secretory activation and are producing large amounts of milk should use the Symphony PLUS MAINTAIN program only. | <input type="checkbox"/> | <input type="checkbox"/> |

For more information on **INITIATE.BUILD.MAINTAIN™**,
visit: <http://www.medelabreastfeedingus.com/initiate-build-maintain>.

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